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A Patient with Cornelia De Lange Syndrome

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INTRODUCTION

Cornelia De Lange Syndrome (CdLS) is a rare genetic condition with many distinct anomalies that can potentially cause a challenge to anesthetic management.

CASE DESCRIPTION

A six year old female with a history of CdLS presented for bilateral hamstring lengthening. She was non-verbal, developmentally-delayed and presented with the craniofacial anomalies that are associated with CdLS. She was born pre-term with a moderate ventricular septal defect which resolved without surgical intervention. Her medical history was also significant for pulmonary stenosis, and significant gastroesophageal reflux disease (GERD). She also had a known history of difficult intubations. Following an inhalational induction, a difficult intravenous line was placed. Her airway was secured with a laryngeal mask airway and spontaneous ventilation was maintained. She had an uneventful intra-operative course without any postoperative complications.



Note the short stature, limb anomalies and craniofacial anomalies associated with CdLS. (Photo provided by family of subject).



Note the craniofacial features unique to CdLS, including the flattened midface, widely-spaced teeth, excess hair, and confluent eyebrow. (Photo provided by family of subject).

DISCUSSION

CdLS is a rare genetically heterozygous and sporadic syndrome with a prevalence of 1 in 10,000 - 30,000.⁴ It is characterized by distinctive facial features and a wide range of cardiac, gastrointestinal, developmental, neuropsychiatric and musculoskeletal anomalies. This syndrome can either be autosomal dominant of inheritance or X-linked dominant pattern of inheritance depending on the specific gene mutation. Approximately 60% of cases are due to a mutation of the NIPBL gene, autosomal dominant of inheritance.⁶ Other gene mutations (10%) associated with this syndrome are SMC1A (X-linked), SMC3 (autosomal dominant), HDAC8 (X-Linked), and RAD21 (autosomal dominant).⁶ The proteins produced by these genes are associated with the function of the cohesin complex which plays a direct role in early development. This complex helps regulate the structure and organization of chromosomes, stabilize the cell's genetic information and repair damaged DNA.⁴ However, the specific gene involved in the genetic mutation causes a wide spectrum of characteristics. SMC1A, RAD21, SMC3 are all associated with mild symptoms when compared to a mutation to the NIPBL gene.⁴ In a study of 120 subjects, 47% were found to have a mutation involving NIPBL.³ Multiple types of mutations were identified including missense, splice site, nonsense and frameshift; these different genetic mutations correlated with a spectrum of phenotypes.³

CONCLUSION

Cornelia de Lange Syndrome is a genetic disorder in which associated anomalies present unique challenges to anesthetic management.

Craniofacial Features Associated with Cornelia De Lange Syndrome^{1,2,4-6}

- Flattened Mid-Face
- Short Stature
- Macroglossia
- Micrognathia
- Square Chin
- Cleft palate
- Low Set Ears
- Wide Spaced Teeth
- Confluent eyebrows
- Low hairline
- Long Thick Eyelashes
- Hirsutism

Anesthetic Concerns^{1, 3-6}

- Pre-operative Anxiety : Hearing Loss, Developmental Delay, Non-Verbal, Tendency to self-harm⁵
- Difficult Airway:
 - Craniofacial abnormalities
 - Even though a difficult intubation is a concern and anticipated, in a retrospective analysis of 42 patients, only one patient had a difficult intubation.¹
- Congenital Cardiac Anomalies : VSD, ASD, Pulmonary Stenosis, Tetralogy of Fallot, Hypoplastic Left Heart Syndrome
- Difficult Intravascular Access
- Aspiration risk: Gastrointestinal anomalies (GERD, intestinal malrotation, pyloric stenosis)³
- Seizures⁴
- Increased Susceptibility to infections⁴

References

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